

## Who are we?

Founded in 1980, Urban Resource Institute (URI) helps domestic violence survivors and homeless families transform their lives through safe shelter and programs that are comprehensive, innovative, client-centered, and trauma-informed. URI is the largest provider in the US of residential services for domestic violence (DV) survivors, with a holistic approach including intervention and prevention programs to help end cycles of domestic violence and homelessness, plus advocacy to drive policy and legislative change.



## Where do we work?

- **The Abusive Partner Intervention Program (APIP)** serves partners who cause harm through small groups that meet for 65 weeks. URI provides services in Westchester and Manhattan to both mandated and partners who voluntarily enter services.
- URI provides shelter for 2,200 adults and children each night across 22 sites in Brooklyn, Bronx, Manhattan, and Queens, with more sites planned.
- Across New York City, URI provides legal and crime victims services, prevention programs, and economic empowerment services for adults and youth.

## URI Mission

To empower individuals, families, and communities, especially communities of color and vulnerable populations, to end cycles of violence, homelessness, poverty, and trauma by increasing safety and resiliency.

## URI works to:

- Reduce barriers to safety and healing
- End intergenerational cycles of violence and homelessness
- Empower individuals and families to build safe, stable, and thriving lives and communities
- Drive sustainable, systemic change

*“APIP facilitators and participants helped me understand a lot about myself, my anger, and violent actions towards others that I never considered violent before.”*

— Daniel, Former APIP Client



## Why APIP?

**Working with partners who cause harm helps keep victims safe, protects families, and ends cycles of abuse:**

- Domestic violence is a pervasive issue in Westchester County, with 1,814 domestic violence incidents reported in 2021.
- Survivors often endure long-lasting and sometimes permanent effects to mental and physical health, relationships, career, and economic well-being.
- Children who witness and experience DV are at-risk for serious long-term mental and physical health impacts and are at greater risk for repeating the cycle of abuse as adults.
- 85% of partners who cause harm experienced sexual or physical abuse in childhood.
- Domestic violence is rarely an isolated incident. 10% - 18% of those arrested for domestic violence are arrested again within six months; 15% - 30% within 28 months; and up to 60% within 10 years.

*People who do harm are capable of change if provided with the support, tools, and resources to address their trauma, develop healthier behaviors, reduce recidivism, and end intergenerational cycles of violence.*

## Abusive Partner Intervention Program (APIP) Westchester

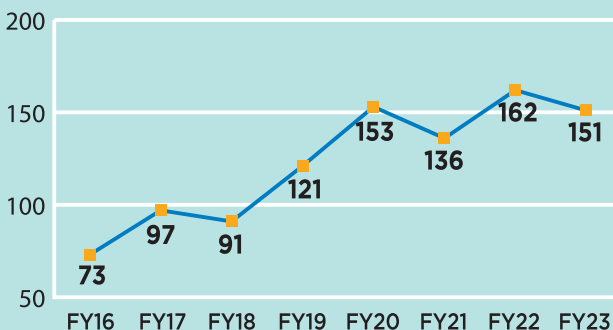
Safe shelter and services that empower survivors are vital, paired with prevention and intervention programs as the solution to ending domestic violence. The Abusive Partner Intervention Program (APIP) works to reduce recidivism among partners who cause harm and are mandated by the courts to participate in Westchester County, NY. Grounded in the belief that individuals are capable of change if given the support and tools to do so, staff work with small groups of participants over the course of 65 weekly sessions to identify underlying thought patterns, develop healthier habits and behavior, take accountability, and avoid future abusive actions.

### Who do we serve?

URI APIP serves individuals of all genders throughout the Lower Hudson Valley. Participants range in age from 18-74. Those who have been mandated to attend by the court system have been charged with or convicted of crimes, with the most common being criminal contempt or violation of an order of protection. **URI currently offers the only program for Spanish speakers, female-identified participants, and persons with disabilities.**

### Clients Served 2016–2023

URI's APIP has doubled the **number of clients served** since launching in 2016. However, the demand for services outpaces capacity and resources.



*“Understanding how past traumatic experiences can cause present and future behavior provides an invaluable way to prevent future harm and violence.”*

— Tamaris Princi, APIP Director

### Dollar Savings of APIP

**\$70,000**

Annual cost of incarcerating one person

**\$1,300**

Annual cost per APIP participant

### How APIP Prevents Future Harm



#### Addresses Trauma

- Screening for Adverse Childhood Experiences (ACEs)
- Explain motivations of abuse



#### Fosters Accountability

- Teaching positive behavior
- Expectations and social norms



#### Encourages Non-Violent Conflict Resolution

- Regulating our emotions
- Managing anger
- Reacting vs. responding



#### Teaches Healthy Relationship Skills

- Consent and communication
- Attachment styles
- Healthy non-violent relationships



#### Provides Wraparound Services

- Ongoing case management
- Clinical services
- Aftercare accountability management

For more information or to get involved contact Tamaris Princi at [tprinci@urinc.org](mailto:tprinci@urinc.org)



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