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Urban Resource Institute

2017 Annual Report



GROWTH AND  
INNOVATION

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Carroll Graphics  
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To all survivors for sharing their  
stories – thank you for your bravery.

## Dear Friends, Supporters, and Advocates:

We are proud to share Urban Resource Institute's 2017 Annual Report, as your support has enabled us to make great strides this year. We are both honored and excited to look back on an era of unprecedented growth with you.

Since 1980, URI has been providing empowering services and innovative programs to meet the growing needs of New York City. Our commitment to serving victims of domestic violence and other vulnerable populations, including homeless families and people with developmental and intellectual disabilities, remains steadfast and our approach is more comprehensive than ever – we have doubled down on our commitment to help survivors overcome obstacles and transform lives.

Our growth has culminated in new facilities, new programs, and a renewed commitment to envisioning a world free from violence. We opened a new domestic violence shelter in the Bronx, Open Arms, and used our client-centric model to manage homeless shelters, now operating a total of 360 beds for homeless individuals. Our staff has grown to 362, the most full-time staff we have ever had, all of whom are passionate about improving the lives of our clients. And our operating budget reflects this growth, with the fourth consecutive year of positive growth.

We have expanded our Abusive Partner Intervention Program (APIP) which counsels and works with convicted offenders of domestic violence to understand the root of the abusive behavior and works to assist participants develop healthier habits and behavior to reduce recidivism. We now have 153 participants in the program and see great potential in the model. We have continued the Working Internship Network (WIN) program, providing real working experience to survivors in shelter and graduating 86 participants through the program. And we began construction of PALS Place, a 30-unit emergency domestic violence shelter built especially for human and pet co-living and the first of its size in the country.

Finally, we have solidified the next chapter of growth for URI, as we officially began the process of merging with the Center Against Domestic Violence (CADV). We welcomed CADV's staff and signature programs to the URI family, which will lead to an exciting milestone: starting in October 2018, URI will be the largest domestic violence shelter provider in the country with ability to shelter more than 1,000 women, children and men on any given day. Our strengthened organization benefits from shared best practices and an even more comprehensive portfolio of services, strengthening the ability to prevent, respond to, and end domestic violence.

It is with this momentum that we move with conviction into the future with exciting new opportunities. Thank you for your partnership and your willingness to stand beside us to create a safer, healthier city.

Sincerely,

Whittaker Mack III, CFP®  
Chairman, Board of Trustees

Nathaniel M. Fields  
President and CEO

Beginning  
in 2018,  
URI will be  
the largest  
domestic  
violence  
shelter  
provider in  
the country.

## URI Domestic Violence Programs

As one of the largest and most comprehensive domestic violence service providers in New York City, URI operates emergency shelters to assist survivors as they escape from abuse, as well as transitional shelters which provide survivors with stable housing as they rebuild their lives.

Providing safe refuge for victims is step one. URI offers a range of innovative services and programs to break the cycle of abuse, giving survivors the support and tools they need to thrive, rebuild their lives and plan their futures.

Services include:

- Individual and group counseling for adults and children
- Job-training
- Financial literacy education
- Legal assistance
- Educational and recreational services
- Long term housing assistance
- Abuse intervention services



### Economic Empowerment

Economic abuse is an often overlooked form of domestic violence. An abuser may take control of money, forbid victims from working, or restrict their access to financial resources.

URI's economic empowerment programs help survivors become self-sufficient and economically independent. Our Working Internship Network (WIN) program participants receive intensive job-readiness training, learn marketable skills, and gain experience working in professional environments.

**83 clients graduated from WIN in 2017**



### Legal Education and Advocacy Program (LEAP)

LEAP offers on-site legal advice to the residents of URI's domestic violence shelters. It provides assistance with family law issues including custody, visitation, orders of protection, child support, and divorce. It also assists immigrant victims seeking legal status and offers education and training workshops for clients and staff.

**85 clients were served in 2017**



### Abusive Partner Intervention Program (APIP)

URI recognizes that the key to ending domestic violence is prevention. The Abusive Partner Intervention Program (APIP) aims to reduce recidivism among convicted offenders in the greater New York City area.

Over the course of 65 sessions, participants work with skilled staff to better understand why their behavior is abusive, identify the underlying thought patterns that influence their action, and develop healthier habits and behavior.

**153 clients were served in 2017**

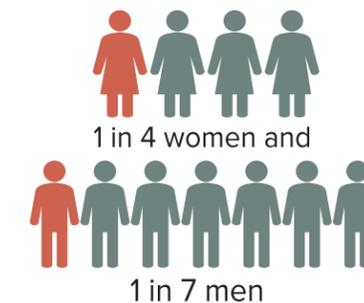
## The Cost of Domestic Violence

### INCIDENCE

2,063

reports of intimate  
partner violence against  
LGBTQ and HIV survivors.

### INJURY



have been the victim of  
severe physical violence  
by an intimate partner in  
their lifetime.

### IMPACT



Domestic  
violence  
costs the U.S.  
economy over  
**\$8 billion**  
per year  
according  
to the CDC.

# PALS People and Animals Living Safely

Very few domestic violence shelters allow pets, leading victims to face an impossible choice: stay and protect their pets, or enter a shelter and protect themselves. As many as 48% of domestic violence victims stay in abusive situations because they don't want to leave their pet behind.

Because no one should have to choose between safety and leaving a pet, URI is shifting the landscape around animal welfare and domestic violence. The PALS (People and Animals Living Safely) program was launched in 2013 and is the only program in New York and one of the few in the country that allows survivors and pets to co-shelter and heal together. Our pet-friendly shelters offer a range of services for both clients and their families, including private dog parks so that residents can play with their pets outside without fear of encountering their abusers. We currently offer 52 domestic violence units across four residences that allow families and their pets to live and heal together in the same apartment.

More than 100 pets and 84 families have been welcomed into the refuge of a PALS shelter.



60 cats | 42 dogs | 9 turtles | 4 birds | 1 bearded dragon | 1 fish | 1 guinea pig

# Homeless Families

Homelessness in New York City has reached record highs, with over 60,000 people living in shelters on any given night. To accommodate this growing need, URI began providing social support services for homeless families in 2016. We now operate three shelters housing 217 families on any given night.

Because there are a multitude of causes for homelessness – domestic violence, poverty, mental health issues, environmental factors such as fires and flooding, and substance abuse – URI takes an individualized approach.



In 2017, URI help to place 100 families in permanent housing

Families work with staff to develop a service plan based on their specific needs and circumstances, monitoring progress and identifying barriers that may impact the family's ability to work toward self-sufficiency.

Finding affordable housing in NYC is already a daunting challenge, so URI housing specialists work double-duty to ensure that residents are as well positioned as possible to secure homes for their families. They make sure clients have all necessary documentation; conduct mock interviews to prepare them for meetings with landlords and real estate management companies; assist with appropriate attire for interviews, and provide transportation to and from meetings.



## A shelter



After an especially distressing episode of violence, **Ava\*** knew that she needed to seek safety from her abusive partner, but she wasn't only worried for herself; her two cats – Clover and Sam – needed to come with her for their safety. As she researched emergency shelters, and seeing that most did not allow pets, she could not stop thinking about “her boys” and how to keep them safe. When Ava learned from the NYC domestic violence hotline that there was a program that could help to keep them together, she couldn't believe PALS was real. She remembers this news making her feel, for the first time in many months, that “everything would be okay.” During her time with URI and as part of the PALS program, Ava overcame many personal challenges and found great strength in sharing her story through song and movement. After six months she secured private housing, where she, Clover and Sam – and their new human sibling, Connor – still reside today. For Ava, there was no leaving her cats behind and there was no healing without them by her side. PALS made it possible for Ava to pursue her own path of personal recovery and growth, and for Clover and Sam to be there to love her along the way.

*\*Names have been withheld to protect client identity. Stock photo was chosen to represent the story.*

## A refuge



**Maritza\*** never liked asking for help. She was self-sufficient and proud, working a full-time job while being the primary caregiver to her 10 year-old daughter, Elena. Twelve years into her marriage, everything spiraled out of control – Maritza discovered her husband had been cheating, not paying rent, and writing bad checks, emptying their bank account and soon abandoning the family. Maritza and Elena found themselves penniless and frozen out of an overdrawn bank account, her phone disconnected and her family a continent away in Colombia. An eviction notice was levied against the family. Out of options and with nowhere else to turn, Maritza and Elena found themselves at a URI family homeless shelter, where staff began to help rebuild their lives. With a caseworker, Maritza made an individualized plan and established a housing exit strategy. Soon Maritza was able to reestablish contact with her family, regain access to her bank account, and get her life back on track. Happier, safer, and on the right path, Maritza remains grateful, knowing that URI's homeless services offered her refuge and support during one of the most vulnerable times in her life.

*\*Names have been withheld to protect client identity. Stock photo was chosen to represent the story.*

# Adults with Developmental Disabilities

URI's Urban Center for the Developmentally Disabled (UCDD) provides one-on-one job counseling, training, placement, and job-site coaching services for individuals diagnosed with intellectual and developmental disabilities, giving them the tools to be productive, develop self-confidence, and build independence. UCDD continues URI's commitment to serving individuals who have "aged out" of special education, and we are dedicated to providing transitional and supported employment opportunities and resources for adult students.

URI also manages two types of residential services for individuals diagnosed with intellectual and developmental disabilities:

## Intermediate Care Facilities

Our intermediate care facilities provide clients with around-the-clock care, support, and supervision by expert staff in a home-like setting.

## Individualized Residential Alternative

Our individualized residential alternative provides personalized attention, opportunities for independent living, and the chance to participate in a wide range of psychosocial activities.

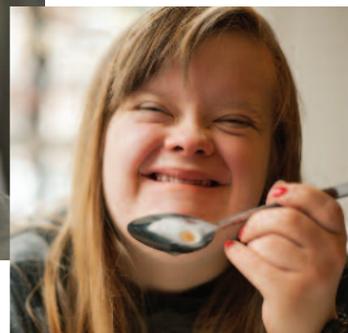
*Thousands of developmentally disabled New Yorkers have aged-out of special education and need resources and support to live happy, safe, and productive lives. URI's commitment to supporting vulnerable populations extends to adults no longer served by other special education programs.*

In 2017

**41** Clients employed

**25 Served**  
Adults in Intermediate Care Facilities

**8 Served**  
Adults in Intermediate Residential Alternative

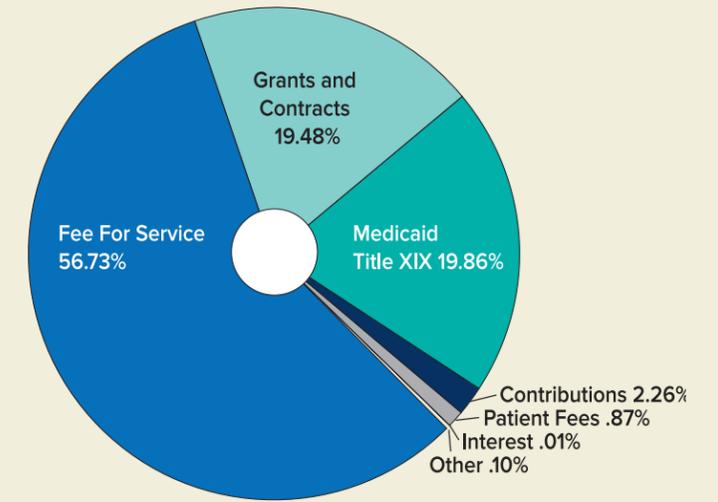


## Consolidated Statements of Activities

Year ended December 31, 2017

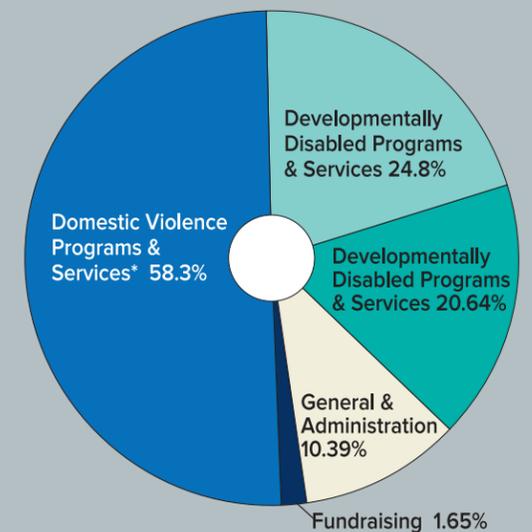
### 2017 Revenue and Support

Fee for Service	17,047,115
Grants and Contracts	5,855,709
Medicaid Title XIX	5,968,294
Contributions	680,616
Patient Fees	262,092
Interest	4,088
Other	31,295
Contributions – Temporarily Restricted	200,000
Total Unrestricted	29,849,209
<b>TOTAL</b>	<b>30,049,209</b>



### 2017 Expenses

Urban Women's Residential Facilities	13,422,486
Urban Center for Change	1,478,253
Urban Center for Developmentally Disabled	605,680
Intermediate Care Facilities/ Individualized Residential Alternative	5,438,474
Housing	4,942,319
Fundraising	486,182
General and Administration	2,918,526
<b>Total</b>	<b>29,291,920</b>



Stock photos were selected to represent clients.

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